



Relationship and Sex Education Policy

At Rida Girls High School we have a strong vision and ethos. With this in mind and also with the intention of safeguarding and educating our children to become educated, positive adults with strong morals and Islamic values we have produced the following policy on SRE.

Statement

We see Sex and Relationships Education as one element within a whole school approach for Personal, Social and Health Education. We believe Sex and Relationships Education encourages children to develop an awareness of and respect for themselves and for others. It encourages the development of self-esteem, which will help children to respond to and cope with the challenges of personal growth. We see teaching this to children as an opportunity for them to learn and understand about sensitive issues within a warm, caring and familiar environment. Also the opportunity to understand these issues by gaining a spiritual perspective and understanding.

We wish to deliver a planned SRE programme to enable children to understand and value their bodies as well as develop positive attitudes and values towards sexuality. To develop in them a caring and considerate attitude to each other, towards their community and society.

SRE enables children to be aware of the personal choice points which growing up will present to them and seeks to prepare them with enough factual knowledge and the skills to make responsible decisions for their lives.

Aims

- Stay as healthy as possible.
- Keep themselves and others safe.
- Have worthwhile and fulfilling relationships.
- Respect the difference between people.
- To develop independence and responsibility.
- Make the most of their own and other's ability.
- Identify their values and strive to live up to them.

Main Objectives

- To think about the religious and cultural attitudes around sex and relationships.
- To teach them the knowledge and skills to be able to keep themselves safe and to realise it is their own responsibility to protect themselves from harm, abuse and where they can turn for help and advice.
- To understand the how bodies change with age and understand reproduction, which is also taught in the Science Curriculum.

- To understand that families are different and to accept and respect differences, such as same sex relationships and marriage and transgender.
- To recognise gender equality and the importance of the role of women in society

Attitudes and Values

Learning the importance of values and individual conscience and moral considerations. Learning the value of family life, marriage and stable and living relationships for the nurture of children. Learning the value of respect, love and care Exploring, considering and understanding moral dilemmas. To develop critical thinking as part of decision making.

Personal and Social Skills

Learning to manage emotions and relationships confidently and sensitively. Developing self-respect and empathy for others. Learning to make choices based on an understanding of difference and with an absence of prejudice. Develop appreciation of the consequences of choices made. Managing conflict. Learning how to recognise and avoid exploitation and abuse.

Knowledge and Understanding

Learning and understanding physical development at appropriate stages. Understanding human sexuality, reproduction, health, emotions and relationships.

Programme.

Our Sex and Relationship Education programme is tailored to the age and the physical and emotional maturity of our children. All our children, including those who develop earlier than the average, should know about puberty before they experience the onset of physical change as well as education about relationships which needs to focus on friendship, bullying and the building of self-esteem.

Our teaching methods will take account of the developmental differences of children and the potential discussion on a one-to-one basis or in small groups. Where teachers require support and training in answering questions, the PSHE and Citizenship co-ordinator or Head teacher will provide advice.

The lessons will appeal to all types of learners through the use of various resources. When teaching SRE a box will be provided for questions throughout the year. Children will be instructed that general questions to be answered to the whole class should remain anonymous whereas named questions will be answered privately. Children should be told that teachers will not answer personal questions about themselves.

Use of Visitors

Appropriate visitors may be invited in to help with the delivery of the lesson under the direction of the class teacher.

Dealing with Sensitive Issues

The staff and governors are aware that Sex Education may be a trigger for child protection disclosure. Any difficult or inappropriate questions or comments will be valued, the children will then be told the teacher needs to have time to think about the question and respond at a later named date. Discuss with PSHE Subject Leader and DSL and respond accordingly. The children will have been informed of the content of the lessons to give them a chance to order their thoughts, and feelings and prepare any questions. The staff will keep their own beliefs and opinions aside. Staff are

aware of the children's individual situations and sensitive to them, for example, open a statement with "the people in your home". We will not present stereotypical views of a family when teaching SRE.

Child Protection

Staff treat any unusual comments from the children with care and report to the DSL.

Parental Involvement

At Rida Girls High School we see our parents as being important in all aspects of our teaching and learning and would appreciate the support in SRE also:

- Teaching their children about sex and relationships.
- Maintaining the culture and ethos of the family.
- Helping their children cope with the emotional and physical aspects of growing up.
- Preparing them for the challenges and responsibilities that sexual maturity brings.
- Promoting tolerance of the multi-cultural and multi-faith society in which we live.
- Discussing any questions on same sex relationships and transgender.

The parents are aware of the knowledge, skills and attitudes being taught and assessed through:

- Parents Information on Website
- Parents Evenings
- Parents Forum

Parents do however have the right to withdraw their child from all or part of the SRE curriculum, except for those parts included in the statutory National Curriculum.

Assessment

Teachers will be assessing on an ongoing basis and will report to parents on the End of Year Reports.

Evaluation

Evaluation of SRE will be carried out on a regular basis and will include the following:

- Lesson observations
- Monitoring planning
- Discussion with co-ordinators
- Sampling pupils' work
- Feedback from pupils
- Feedback from parents
- Feedback from teachers
- Discussion with link governor